

Inclusion

Parents/caregivers must...

- Have a child between 3-14 years diagnosed with a neurodevelopmental disorder (for example, Autism Spectrum Disorder, Cerebral Palsy, Epilepsy, Global Developmental Delay, Down Syndrome, Fetal Alcohol Spectrum Disorder (FASD), severe learning disability *or any other diagnosis that influences how their child gets around, communicates their ideas, processes what they hear, or remembers things* **PLEASE NOTE:** Attention Deficit Hyperactivity Disorder (ADHD) is included but CANNOT be the only diagnosis (i.e. the child must also have another neurodevelopmental diagnosis to be eligible)
 - AND the child has been experiencing behavioural problems (disruptive behaviours) that interfere with the activities of daily living for at least 6 months
- Have been the primary caregiver for a minimum of 6 months before starting the study
- Have a reasonable expectation of being be the primary caregiver for at least 10 months after study starts
- Read, write, and understand English
- Have access to a telephone
- Have regular access to a tablet, smartphone or computer connected to **high speed Internet**
- Live in Canada
- Be able to commit to the requirements of taking part in the study (e.g. available to attend weekly coaching calls, having a Facebook account to access Parent-to-Parent support group)



Exclusion

Any of the following will exclude individuals from taking part in the study

- Child is NOT able to understand everyday language and instructions or communicate needs (for example, the child MUST be able to convey their need for food, drink or comfort AND be able to follow (at minimum) simple one-step instructions
- Child regularly engages in **moderate to severe self-injurious behaviours**
- Parent or child has ongoing struggles with symptoms of psychosis, schizophrenia, bipolar disorder or major depression (i.e. the symptoms are not well managed)
- Child is at imminent risk of serious harm to self or others (i.e. requiring hospitalization or medical attention)
- Child has attempted suicide in the past 6 months
- Parent has taken part in Triple P, COPE, Incredible Years, Strongest Families or another parent training program **within 6 months of starting the study** (can apply to study after 6 months)

