

# Transitions

Join Glenrose clinicians for online presentations identifying the necessary tasks, considerations, and resources to gradually prepare for your youth's transition to adulthood.

**These sessions are most appropriate  
for parents of children aged 12 years and up.**

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## **Transition for Pediatric to Adult Healthcare**

Wednesday, September 20, 6:30 – 8:00 pm

## **Financial Resources for Adults Living with Disabilities**

Wednesday, October 11, 6:30 – 8:00 pm

## **Guardianship, Trusteeship, and Medical Consent: Will your child need decision-making support as an adult?**

Wednesday, November 1, 6:30 – 8:00pm

## **Recreation and Community Connections for People with Complex Needs**

Wednesday, November 22, 6:30 – 8:00pm

## **Sexuality Matters Teaching Privacy, Consent and Boundaries at Any Age**

*(Replay of previously recorded session)*

Wednesday, November 29, 6:30 – 8:00pm

**See reverse for session descriptions**

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**For registration or receive upcoming Family 2 Family calendars**

Please call Charlene Prochnau at (780) 735-7999 ext 15578

or email at [PFRC@ahs.ca](mailto:PFRC@ahs.ca)

## **Transition for Pediatric to Adult Healthcare for Dependent Youth**

This session will discuss various tools to help you navigate the journey from the pediatric to adult healthcare system. We will also discuss how to access equipment, find a doctor, foster your child's active involvement in their healthcare, and what documentation may be needed to apply for programs once your child turns 18.

## **Financial Resources for Adults Living with Disabilities**

This information session will offer parents and caregivers information about financial resources available to adults with disabilities, including, but not limited to, Income Support, Assured Income for the Severely Handicapped (AISH), Persons with Developmental Disabilities (PDD), Disability Tax Credit, and Registered Disability Savings Plan (RDSP). This session is for the parents and caregivers of youth ages 15 and older to help plan for the transition to the adult oriented healthcare system at age 18.

## **Guardianship and Trusteeship**

This presentation will discuss the spectrum of legal decision-making options in Alberta following the Adult Guardianship and Trusteeship Act (AGTA). We will cover consent for minors vs. consent for adults, various ways to support your child's personal and financial decision-making and respecting your child's right to self-determination.

## **Recreation and Community Connections for People with Complex Needs**

This presentation created by our Recreation and Occupational Therapists will discuss recreation and leisure at home and in the community for people with complex needs.

## **Sexuality Matters – Teaching Privacy, Consent and Boundaries at Any Age**

The goal of this information session is to help develop the comfort, knowledge and practical skills needed for parents and caregivers to address areas of sexual health with their child. These areas may include development and puberty, hygiene, privacy, personal boundaries, relationships, consent and many more. This presentation is suitable for caregivers of children and youth with any physical, intellectual, or developmental disability.